



Section 6:

Organisations and Charities, Digital Resources and Printed Books



Charities and Organisations

Age Cymru

www.ageuk.org.uk/cymru

Age Cymru is the largest charity working on behalf of elderly people in Wales. It supports individuals to avoid poverty, loneliness, neglect, and discrimination based on age by providing both information and advice.

Alzheimer's Society

www.alzheimers.org.uk

The leading dementia charity in the UK that provides information and support, improves care, funds research, and creates lasting change for people affected by dementia.

Care Inspectorate Wales

www.careinspectorate.wales

Independent organisation that registers, inspects and acts to support the improvement, quality, and safety of social care services for the well-being of the people of Wales.

Carers Trust Wales

<https://carers.org/around-the-uk-our-work-in-wales/our-work-in-wales>

Part of a UK-wide charity that strives to improve the support and service available to unpaid carers.

Carers Wales

www.carersuk.org/wales/

Offers information, advice and support for carers and campaigns for permanent improvements and seeks new and pioneering ways to support carers.

Centre for Ageing and Dementia Research (CADR)

www.dementiafriends.org.uk

An Alzheimer's Society initiative to transform the nation's perceptions, actions, and discourse regarding dementia. By agreeing to become a Dementia Friend, one discovers a better understanding of how dementia impacts on a person – and armed with this information to perform small acts to support those living with dementia so that they may lead better lives.

Dementia Services Development Centre

<http://dcdc.bangor.ac.uk/>

Research Centre that works closely with people living with dementia and their carers together with professionals working in the health and social care fields, to ensure that their research activities can improve the quality of care and inform policies and practice.

Dementia UK

www.dementiauk.org

A charity that campaigns for improvements to the quality of life for those who are impacted by dementia. Provides nurses who specialise in caring for those with dementia.

Interdenominational Safeguarding Panel

<https://panel.cymru/en/>

The role of the panel is to support and advise the Union of Welsh Independents, Baptist Union of Wales and the Presbyterian Church of Wales about safeguarding practice in their work with children, young people and vulnerable adults. They are responsible for processing DBS checks for employees and volunteers within the three denominations.

Mind Cymru

<https://www.mind.org.uk/about-us/mind-cymru/>

A mental health charity that offers information on all aspects of mental health and provides wide ranging support via a network of 19 local Minds across Wales.

NHS Wales

www.nhsdirect.wales.nhs.uk

National Health Service Wales website that provides information of various local services and advice on health-related issues.

TIDE (Together in Dementia Everyday)

<https://www.tide.uk.net>

TIDE is an organisation that believes that carers and past carers have the experience and knowledge to improve health and social care, research, and the development of policies within the United Kingdom. Amongst its activities are coffee mornings where carers can chat informally with other unpaid fellow-carers, attend training courses and other programme to develop self-confidence.

Wales Dementia Helpline

<https://www.callhelpline.org.uk/Dementia-Helpline.php>

This online service offers help and emotional support to anyone, of any age, who is caring for someone with Dementia together with other family members or friends. The service will also help and support those who have been diagnosed with Dementia.

Digital Resources

Book Format

The dementia guide: living well after your diagnosis. Alzheimer's Society, 2021.

www.alzheimers.org.uk/get-support/publications-factsheets/full-list

This substantial informative guide provides an overview on a range of topics which will enable a person who has been diagnosed with dementia to gain an understanding of different types of dementia as well as the treatments, support and services that are available to them. Includes practical advice on issues such as access to social care, benefits, and preparation for future decisions. This item is also available free in printed form which can be ordered from Alzheimer's by post.

Caring for someone with dementia: a guide for family and friends who look after a person with dementia. Carers Trust Wales, 2020.

<http://carers.org/downloads/wales-pdfs/carers-trust-dementia-guide-english-2021-low-rez.pdf>

A practical guide for families and friends caring for someone living with dementia. Includes information on a wide range of topics such as what to expect during the early stages following a diagnosis, how to take care of your own well-being, and the need to plan ahead regarding financial and legal matters.

Leaflets

What is dementia? Alzheimer's Society, 2022.

What is Alzheimer's disease? Alzheimer's Society, 2017.

What is vascular dementia? Alzheimer's Society, 2022.

www.alzheimers.org.uk/get-support/publications-factsheets/full-list

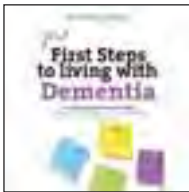
A selection of leaflets that answer questions about specific conditions. They provide clear descriptions of the symptoms, and how to obtain a diagnosis together with information about available treatments and support. A full list of all the items that are part of the series can be found in the section Publication-Factsheets on the Alzheimer's Society website. Each item is also available free in printed form which can be ordered by post.

This is me / Dyma fi. Alzheimer's Society, 2017.

www.alzheimers.org.uk/get-support/publications-factsheets/full-list

This bilingual leaflet enables professional workers in the fields of health and social care to develop a deeper awareness of an individual living with dementia. The information gathered allows them to provide care tailored to meet their needs. Those living with dementia may need help to complete the form from someone who knows them well enough to outline their personal history, cultural and religious background, interests and hobbies, favourite places visited, details of their daily routine, level of mobility and preferred communication method. This item is also available in printed form that can be ordered from the Alzheimer's Society by post.

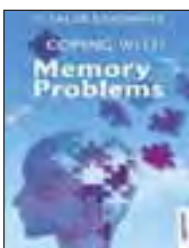
Non-fiction books - General



Atkin, S.

First steps living with dementia. Lion Books, 2013.

This short introduction presents informative answers to questions such as What is dementia? Is the condition the same as Alzheimer's disease? What treatments are available?



Baxendale, S.

Coping with Memory problems. Sheldon Press, 2013.

Although there is no simple answer on how to improve problems of memory, the book discusses a range of strategies that can be applied to reduce the anxiety that such problems may cause.

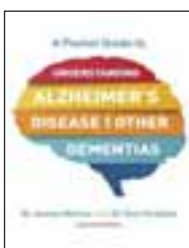


Slevin, M.

The little girl in the radiator: mum, Alzheimer's & me.

Monday Book, 2013

The personal account of the author, Martin, whilst caring for his mother, Rosie. In the closing summary based on his experiences he advises carers and others to seek support and to be willing to accept such support when caring for loved ones.



Warner, J. and Graham, N.

Pocket book to understanding Alzheimer's disease and other dementias. Jessica Kingsley Publishers, 2018.

If you or a relative are anxious about Alzheimer's disease or other types of dementia, this guide provides useful tips to understand the conditions and how to seek support for those living with dementia and their carers.



Baines, N.

Afloat. Flying Carp Books, 2019

This graphic work by a son who cared for his mother through the various stages of dementia provides an excellent insight into the highs and lows of being a carer. Describes the raw reality of trying to keep afloat through graphic illustrations.



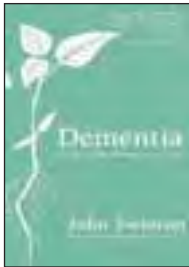
Stokes, G.

And still the music plays: stories of people with dementia.

Hawker Publications, 2010.

Case studies of 22 persons with dementia to demonstrate the need to tailor treatment for what appears to be irrational behaviour to the individual rather than relying on standardised approaches.

Dementia and the Christian Faith

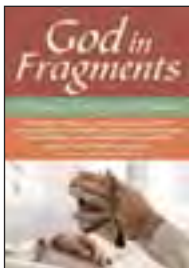


Swinton J.

Dementia: living with memories of God.

SCM Press, 2017.

Develops a practical theology of dementia for carers, ministers, and other professional workers in the field by seeking answers to two fundamental questions: 'Who am I when I have forgotten who I am?', and 'What does it mean to love God when I have forgotten who God is?'.

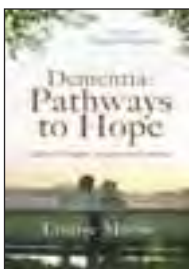


Salisbury. M. (ed.)

God in fragments: worshipping with those living with dementia.

Church Publishing House, 2020.

Aims to equip those engaged in ministering to people living with dementia that opens by exploring the theological and spiritual challenges involved. The second part of the book contains services, prayers, reading and activities suitable for use in various settings with those living with dementia.

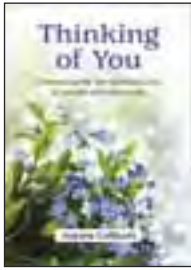


Morse, L.

Dementia: pathways to hope. Spiritual insights and practical advice.

Monarch Books, 2015.

Presents a helpful resource on dementia for church leaders and others who minister to family members, friends and others in the congregation or community who are affected by dementia. Also describes how to develop a dementia-friendly church.



Collicutt, J.

Thinking of you: a resource for the spiritual care of people with dementia.

Bible Reading Fellowship, 2017.

Initially explores the topic from biological, psychological, sociological, and theological viewpoints before attempting to answer challenging questions such as - How can someone with impaired cognition lead a full spiritual life? The closing chapters offer practical ways that churches can offer spiritual care.